



Department of Social Work
Mahatma Gandhi Central University Bihar
(Established by an Act of Parliament)
Motihari – 845 401, Purvi Champaran, Bihar (India)

Batch: 2019-21
Syllabus for Masters of Social Work (MSW) Programme
(As per 3rd Meeting of Board of Studies)



Course Code: SWRK4003
Course Title: Society and Polity

Credits Equivalent: 4 Credits (One credit is equivalent to 10 hours of lectures / organised classroom activity / contact hours; 5 hours of laboratory work / practical / field work / Tutorial / teacher-led activity and 15 hours of other workload such as independent individual/ group work; obligatory/ optional work placement; literature survey/ library work; data collection/ field work; writing of papers/ projects/dissertation/thesis; seminars, etc.)

Course Objectives:

- Acquaint students with basic sociological concepts;
- Develop skills to analyse and understand Indian society;
- Enable students understand polity in the Indian context;

Attendance Requirements:

As per relevant University Ordinance(s)/Rule(s) applicable from time to time.

Evaluation Criteria:

As per relevant University Ordinance(s)/Rule(s) applicable from time to time.

Course Contents:

UNIT - I: Sociological Perspectives and Concepts

- Basic Sociological Perspectives
- Culture, Norms, Folkway, Mores and Laws
- Socialisation
- Deviance & Social Control
- Gender

UNIT - II: Social Institutions and Social Stratification

- Family, Marriage and Kinship
- Religion
- Race and Ethnicity
- Social Stratification & Social Mobility
- Caste & Class: Changing Dynamics

UNIT - III: Social Change

- Social Change and Social Development
- Approaches to Social Change
- Liberalisation, Privatisation and Globalisation

UNIT - IV: Social Concerns: An Introduction

- Social Concerns: Concept, Characteristics and Types
- Major Social Concerns: Old Age; Untouchability; Violence against Women; Female Foeticides & Honour Killing; Child Labour; Juvenile Delinquency; Cyber Crime and Terrorism

UNIT - V: Polity and Governance

- Indian Constitution: Preamble, Fundamental Rights, Duties, Directive Principles of State Policy
- Branches of Indian Government
- Decentralisation and Panchayati Raj System
- Social Audit



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Prescribed Text Books:

1. Ritzer, G. (2011). Sociological Theory. New Delhi: Tata McGraw Hill.
2. Haralambos, M. & Holborn, M., (2008), Themes and Perspectives in Sociology. London: Harper Collins.
3. Johnson, H.M. (2007). Sociology: A Systematic Introduction. New Delhi: Allied Publishers
4. Ahuja, Ram. (2001). Indian Social System. Jaipur: Rawat Publications
5. Gupta, D. (1993). Social Stratification. Delhi: Oxford University Press.
6. Kapadia, K.M. (1958). Marriage and Family in India. New Delhi: Oxford University Press.
7. Madan, T.N. (2012). Religion in India. Delhi: Oxford University Press.
8. Uberoi, P. (1994). Family, Kinship and Marriage in India. New Delhi: Oxford University Press.
9. Shah, A.M. (1998). The Family in India: Critical Essays. New Delhi: Orient Longman.
10. Ahuja, R. (2007). Social Problems in India (Second Edition). Jaipur: Rawat Publications.
11. Madan G.R. (1967). Indian Social Problems. New Delhi: Allied Publishers.
12. Rao. S. (2015). Indian Social Problems: A Sociological Perspective. New Delhi: S. Chand Publications.
13. Basu, D.D. (2013). Introduction to the Constitution of India. Delhi: Lexisnexis.
14. The Constitution of India: Bare Act with Short Notes. (2011). Delhi: Universal.
15. Bhattacharya, M. & Chakravarty, B (eds). (1998). Governance Discourse. Delhi: OUP.
16. Sharma, P. (2004). E-governance: The New Age Governance. Delhi: APH Publishers.
17. Munshi, S. & Abraham, B.P (eds). (2004). Good Governance, Democratic Societies and Globalisation. Delhi: Sage Publishers.
18. Singh, S. & Sharma, P (eds). (2007). Decentralisation: Institutions and Politics in Rural India. Delhi: OUP.
19. Sachdeva, P. (2011). Local Government in India. Delhi: Pearson Publishers.



Course Code: SWRK4004
Course Title: Human Growth and Development

Credits Equivalent: 4 Credits (One credit is equivalent to 10 hours of lectures / organised classroom activity / contact hours; 5 hours of laboratory work / practical / field work / tutorial / teacher-led activity and 15 hours of other workload such as independent individual/ group work; obligatory/ optional work placement; literature survey/ library work; data collection/ field work; writing of papers/ projects/dissertation/thesis; seminars, etc.)

Course Objectives:

- Understand the concepts and theories of psychology
- Understand the concept of mental health
- Understand the nature and development of human behaviour in socio-cultural context

Attendance Requirements:

As per relevant University Ordinance(s)/Rule(s) applicable from time to time.

Evaluation Criteria:

As per relevant University Ordinance(s)/Rule(s) applicable from time to time.

Course Contents:

UNIT - I: Socio- Cultural Environment, Human Behaviour, Growth & Development

- Psychology: Concept, Branches and Psychology as a Scientific Discipline
- Determinants of Human Behavior: Heredity & Environment
- Life Span Perspective of Human Development
- Indian Approach to Life Span: Ashrama
- Body and Mind: Pancha Koshas
- Role of Social Institution and Group in Shaping Human Behavior
- Understanding Human Behavior: Cross Cultural Perspective

UNIT - II: Basic Psychological Process

- 1) Concept and Theories
 - Cognition and Learning
 - Motivation, Emotion and Intelligence
 - Sankhya and Yoga on Mind: Antahkaranas
- 2) Theories of Personality
 - Triguna Theory of Personality
 - Psychoanalytic Theories of Personality: Freud, Erikson and Adler
 - Behavioural Theories: Miller and Bandura
 - Humanistic Theories: Rogers and Maslow

UNIT - III: Mental Health and Process: Development & Assessment

- Mental Health
- Mental Retardation
- Defense Mechanism
- Psychological Assessment and Testing



UNIT - IV: Abnormal Psychology

- Abnormal Psychology
- Classification of Disorders: DSM & ICD
- Counselling as a Therapeutic Process

UNIT – V: Social Psychology

- Social Psychology
- Attitude: Formation, Change and Measurement
- Prejudice, Stereotypes and Discrimination:
- Collective Behaviour: Crowd, Riot and Rebellion.

Prescribed Text Books:

1. Baron, A. Robert and Byrne, D. (2010). Social Psychology. New Delhi: Pearson Publications.
2. Morgan, C.T and King, R.A. (2007). Introduction to Psychology (7th Edition). New Delhi: Tata McGraw Hill.
3. Baron, A. Robert, (2001). Psychology. New Delhi: Pearson Publications.
4. Hayes, N. (1994). Foundations of Psychology: An Introductory Text. London: Routledge.
5. Hurlock, E.A. (1994). Developmental Psychology-Lifespan Approach. New Delhi: Tata McGraw Hill.
6. Baron, R.A. & Byrne, D. (1998). Social Psychology (8th Edition). New Delhi: Prentice Hall.

Suggested Additional Readings:

1. Park, K. (2010). Textbook of Preventive and Social Medicine, Jabalpur: Barnarsidass Bhanot Publishers.
2. Page, J.D. (2010). Abnormal Psychology. New Delhi: Tata McGraw Hill.
3. Beckett, C. (2002). Human Growth and Development. New Delhi: Sage Publication.



Course Code: SWRK4005
Course Title: Foundations of Social Work Profession

Credits Equivalent: 4 Credits (One credit is equivalent to 10 hours of lectures / organised classroom activity / contact hours; 5 hours of laboratory work / practical / field work / Tutorial / teacher-led activity and 15 hours of other workload such as independent individual/ group work; obligatory/ optional work placement; literature survey/ library work; data collection/ field work; writing of papers/ projects/dissertation/thesis; seminars, etc.)

Course Objectives:

- To familiarise students to the core values and philosophy of social work profession and enable them to imbibe these values into their professional self.
- To familiarise the student with Indian approaches to Nature, Human Relations and Well Being and its relevance in social work education.
- To acquaint students with the issues relating to euro-centrism and global indigenous social work perspectives.

Attendance Requirements:

As per relevant University Ordinance(s)/Rule(s) applicable from time to time.

Evaluation Criteria:

As per relevant University Ordinance(s)/Rule(s) applicable from time to time.

Course Contents:

UNIT I: Introduction to Social Work

- Allied Concepts: Charity, Social Service, Social Welfare Services, Social Reform, Social Security, Volunteerism, Human & Social Capital
- Social Work: Definition, Meaning and Concept
- Social Welfare, Kalyan, Mangal and Yogashema
- Values and Principles of Social Work
- Religion, Spirituality and Social Work: Hinduism, Sikhism and other major religions

UNIT II: Social Work as a Profession

- Characteristics of a Profession
- Social Work as a Profession: A Critique
- Roles of Social Workers
- Code of Ethics and Ethical Practice
- Professional Associations of Social Workers in India and Abroad
- Social Work knowledge in India: Professional Imperialism

UNIT III: Historical Development of Social Work

- Development of Professional Social Work in U.K., U.S. and India
- Ancient Indian social welfare approaches : Vedic, Jain and Buddhist Approaches
- Social Emancipation in Medieval India: Bakthi, Vedanta & Sufi Movements.
- Social Reform Movements: Arya Samaj, Brahmo Samaj, Phule.
- Indian Renaissance: Swami Vivekananda, Narayan Guru and M. K. Gandhi
- Eurocentricism in Social Work



UNIT IV: Philosophy of Social Work Practice

- Indian Traditional Values : Purusharthas
- Vidhur's Golden Rules of Reciprocity
- Systems and Ecological perspectives
- Role theory and Communication theory
- Feminist theories in Social Work
- Integrated approach to social work practice

UNIT V: Levels, Methods, Models and Fields

- Levels of Social Work Intervention
- Primary and Secondary Methods
- Afrocentric and Chinese Models
- Indian Models : Vivekananda, Gandhi, Ambedkar, Aurobindo, Nanaji Deshmukh
- Afrocentric and Chinese Models
- Major Fields of Social Work: Community Development, Families and Children, Persons with Disability, School Social Work, People Living with HIV/AIDS

Prescribed Text Books:

1. Elizabeth A. Seegal. et al. (2011). Professional Social Work. Jaipur: Rawat Publications.
2. Dubois, B. and Miley, K.K. (2005). Social Work: An Empowering Profession. London: Allyn and Bacon.
3. Hepworth, D. H., & Larsen, J. A. (2010). Direct Social Work Practice: Theory and Skills. California: Cengage Learning.
4. Johnson, Louise C., and Stephen J. Yanca. (2010). Social Work Practice: A Generalist Approach. Boston: Allyn & Bacon.
5. Sheafor, B. W., Horejsi, C. R., & Horejsi, G. A. (2011). Techniques and Guidelines for Social Work Practice. Boston: Allyn and Bacon.
6. Bogo, M. (2006). Social work practice: concepts, processes, and interviewing. Columbia: Columbia University Press.

Supplementary Books:

1. Planning Commission, GOI. (1987). Encyclopaedia of Social Work in India. Delhi: Publications Division, Ministry of Information and Broadcasting.
2. Mizrahi, T., & Davis, L. E. (2008). The Encyclopedia of Social Work. Washington, DC: NASW Press.
3. Skidmore, et al. (1997). Introduction to Social Work. Boston: Allyn & Bacon.
4. Sheldon Brian, et al. (2010). A Textbook of Social Work. New Delhi: Routledge Publications.



Course Code: SWRK4006
Course Title: Working with Communities

Credits Equivalent: 4 Credits (One credit is equivalent to 10 hours of lectures / organised classroom activity / contact hours; 5 hours of laboratory work / practical / field work / Tutorial / teacher-led activity and 15 hours of other workload such as independent individual/ group work; obligatory/ optional work placement; literature survey/ library work; data collection/ field work; writing of papers/ projects/dissertation/thesis; seminars, etc.)

Course Objectives:

- Develop understanding regarding community organisation as a method of social work
- Enhance the understanding of the roles of the agencies and community organiser
- Enhance critical understanding of the models and strategies for community organisation
- Develop perspective and skills for participatory processes in the community and civil society

Attendance Requirements:

As per relevant University Ordinance(s)/Rule(s) applicable from time to time.

Evaluation Criteria:

As per relevant University Ordinance(s)/Rule(s) applicable from time to time.

Course Contents:

UNIT - I: Introduction to Communities

- Understanding Community for Social Work Practice
- Community Power Structure and Social Capital
- Changing Context of Community in India
- Characteristics of Rural, Urban and Tribal Community

UNIT - II: Introduction to Community Organisation

- Community Organisation: Definition and Assumptions
- Historical Development of Community Organisation
- Traditional Community Organisation Processes in India
- Community Organisation as an Integrated Approach in Social Work Practice
- Community Development, Community Work, Community Practice and Rural Development

UNIT - III: Theoretical Foundations of Community Organisation

- Principles of Community Organisation
- Steps in Community Organisation
- Models of Community Organisation: Ross and Rothman
- Consensus, Conflict and Blended Approach to Community Organisation

UNIT - IV: Practice of Community Organisation

- Approaches for Identifying Community Leaders
- Roles of a Community Organiser
- Skills of a Community Organiser
- Participatory Rural Appraisal
- Case Studies: Ramakrishna Mission, Vanavasi Kalyan Ashram



UNIT - V: Social Action

- Social Action: Concept and Definition
- Principles of Social Action
- Western Models of Social Action: Saul Alinsky, Paulo Friere
- Indian Models of Social Action: Gandhi, Ambedkar, Vinoba Bhave, Jayaprakash Narayan

Prescribed Text Books:

1. Siddiqui, H.Y. (1997). Working with Communities. New Delhi: Hira Publications.
2. Hardcastle, D.A. (2011). Community Practice: Theories and Skills for Social Workers. New York: Oxford University Press.
3. Popple, K. (2015). Analysing Community Work. New York: Open University Press.
4. Weil, M., Reisch, M. S., Mary, Ohmer, L. (2012). The Handbook of Community Practice. New Delhi: SAGE Publications.
5. Brueggemann, W.G. (2014). The Practice of Macro Social Work. Brooks/Cole: Cengage.
6. Freire, P. (1972). Pedagogy of the Oppressed. London: Penguin Books.
7. Alinsky, S. (1946). Reveille for Radicals. Chicago: University of Chicago Press.
8. Biddle, W. W. & Biddle, L.J. (1965). The Community Development Process: The Rediscovery of Local Initiative. New York: Holt, Rinehart and Winston.
9. Kumar, S. (2002). Methods for Community Participation: A Complete Guide for Practitioners. Delhi: Vistaar Publication.
10. Henderson, P. & Thomas, D.N. (2000). Skills in Neighbourhood Work. New York: Routledge.

Suggested Additional Readings:

1. Friedlander, W.A. (1978). Concepts and Methods in Social Work, New Delhi, Prentice Hall.
2. Gangrade, K.D (1971). Community Organization in India. Mumbai: Popular Prakashan.



Course Code: SWRK4994
Course Title: Fieldwork Practicum and Viva Voce-I

Credits Equivalent: 4 Credits

Course Objectives:

- To understand both the agency and client systems
- To develop capacity to understand agencies and their Goals, Structure, Policies and Programmes
- To develop knowledge of administrative structure, procedures and management pattern of the agency
- To understand programmes and activities of the agency
- To understand the impact of wider social systems on individuals, families, groups, communities and organisations
- To involve the client system in problem solving process
- To understand how interventions are designed and implemented
- To develop professional attitude for social work practice

Attendance Requirements:

As per relevant University Ordinance(s)/Rule(s) applicable from time to time.

Evaluation Criteria:

As per relevant University Ordinance(s)/Rule(s) applicable from time to time.

Field Work Tasks:

1. Preparation of Community Profile or understanding of Agency set-up (Goal, programmes and service delivery)
2. Relating to individual, and interacting (6-8), Families (5-6) and Group situation (1-2).
3. Assistance in taking Social Case History and / or Programme Planning for Group Activities.
4. Participation in Execution of Programme and activities of the Agency for Group Activities.
5. Work with Volunteers and Para Professional in the Agency / Community.
6. Identification and use of available Resources in order to help Individual, Group and Families.
7. Study of self-help measures initiated by Individual and Families.
8. Official Correspondence, maintenance of Record and participating in simple Administrative Tasks.
9. Review of field work Experience.



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Course Code: SWRK4998
Course Title: Block Placement

Credits Equivalent: 4 Credits

Course Objective:

- To provide real life experience in a job situation
- To understand the organisation culture and administration.
- Acquire capacity building and competence for potential employment opportunities.

Attendance Requirements:

As per relevant University Ordinance(s)/Rule(s) applicable from time to time.

Evaluation Criteria:

As per relevant University Ordinance(s)/Rule(s) applicable from time to time.

Guidelines:

- Block Placement will commence immediately after the Semester II.
- The entire Block Placement has to be completed in one organisation.
- The duration of Block Placement will be at least **4 weeks** from the date of commencement.
- The students will be placed in an organisation approved by the Head of the Department.
- The organisation should have at least a trained professional capable of supervising the student.
- During the duration of Block Placement the student will abide by the rules and regulations of the organisation.
- The student will have to submit the detailed final report of the Block Placement to the Department within 2 weeks of the completion of the placement. This report shall *inter-alia* be the basis for the Viva-Voce examination to be conducted by an external examiner.
- At the end of the training, the student will submit a Certificate of Completion to the Department duly signed by the appropriate authority at the said organisation.